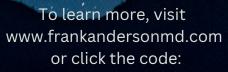
## A To Be Loved Moment

## JOURNAL PROMPTS

١	Is there a song associated with the moment?
,	Who inside went through the moment?
•	Which part or parts internally experienced the moment?
1	Was the experience with or without love?
	From you?  From the other person/people?
	Was it similar or related to an experience in your past?  If so, write about that.
•	What did you learn from the moment?
	What would you do differently next time?
	Write a love letter to the part of you that went through the momen in the present.
	Write a love letter to the part of you that went through the momen in the past.







For more information about *To Be Loved,* click the code:

